



## **Netball Portugal - CODE OF CONDUCT**

Our Codes of Conduct requires the highest standards of conduct from everyone involved in netball to ensure that their behaviour and actions meet the values and standards expected at all times. Everyone must conduct themselves in an honest, fair, impartial and transparent manner.

This Code of Conduct is applicable to all aspects of the Sport and Netball Portugal members are expected to sign and date these.

### **I will undertake to do the following:**

- Respect the rules, regulations and requirements of the Sport, including, but not limited to any competitions in which I participate either directly or indirectly
- respect the rights and dignity of all people involved in netball, regardless of gender, marital status, race, colour, disability, sexuality, age, occupation, religion and/ or political opinion
- utilise safeguarding best practice guidelines and procedures when required.
- maintain confidentiality and the sensitivities of information I hold on other individuals.
- respect netball and the individual's reputation and not take any action or make inappropriate comments about a fellow participant, coach, official, volunteer or staff member that will bring the Sport or those associated with delivering the Sport into disrepute, including making comments on social media technology.
- conduct and dress myself in an appropriate manner.
- respect the result of the game and will not attempt to offer or accept either directly or indirectly any consideration whatsoever in return for influencing or attempting to influence the result or seek to achieve personal gain on a result which I can influence by betting on any match or event where I am participating, either by playing, coaching or officiating, or through direct or indirect involvement. I acknowledge that everyone has the opportunity to participant in a fair, honest environment by rejecting cheating, abiding by the Anti-Doping policies and not taking illegal substances immediately prior to or while participating in the Sport.
- Not abuse or misuse any relationship of trust or position of power or influence held by me
- Be on time, dressed appropriately and ready to give my full attention to the role I am undertaking
- Welcome new members, volunteers, and connected participation and cooperate with members, connected participants, colleagues, coaches, officials and administrators already in the Sport.

- Recognise the achievements of others and applaud their successes
- Assist others to optimise their potential by promoting the positive aspects of the sport and never condoning the use of inappropriate or abusive language, inappropriate relationships, bullying, harassment, discrimination and/or physical violence.
- Not act inappropriately on others enjoyment of the sport or my performance by consuming alcoholic drinks; smoke/vape immediately prior to or while participating in the sport, or while safeguarding children, young people or vulnerable adults
- Never argue with an official or participant during a game and listen to and cooperate with officials' decisions
- Control emotions and in doing that understand that verbal, emotional and physical abuse of officials, coaches, spectators or participants, or deliberately distracting or provoking a participant, coach or official is not acceptable or permitted behaviour in netball
- I understand that if I fail to follow the code, Netball Portugal may take action against me under its Disciplinary Policy, which may result in a sanction placed upon me.

Name.....

Signed .....

Dated .....